

COHEN CARD

Student and Lifeguard

CONTACT

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 3323 Sunlight St., Mississauga

EDUCATION

Ontario Secondary School Diploma

2022-2026

Grade 11

Advanced Placement Program

Honours 2022-23, 23-24, 24-25

CERTIFICATIONS

- National Lifeguard (Recertified 2025/05/17)
- Swim Instructor (Recertified 2025/09/14)
- Lifesaving Instructor (Recertified 2025/09/14)
- Standard First Aid with CPR C (Recertified 2025/05/04)

SKILLS

- Leadership
- Critical Thinking
- Conflict Management
- Communication
- Teamwork
- Fast Learner

PURPOSE

- To use my experience as a teacher and a student to improve the classroom and make it an engaging learning environment for every student
- To help students achieve their academic goals and help them become the best learners they can be

WORK EXPERIENCE

SWIM INSTRUCTOR

Churchill Meadows Community Centre

October 2023 - present

- Taught the Swim for Life program to children and adults of all ages
- Provided safe swimming instruction in accordance with Lifesaving Society standards

CAMP COUNSELLOR

Camp Muskoka

Summer 2025

- Fostered friendships, teamwork, and character building through group activities and exercises
- Worked collaboratively with other counsellors to ensure camper safety, hygiene, and happiness

EXTRACURRICULAR ACTIVITIES

- Track and Field - Most Dedicated (2023 & 2024)
- 11 years of hockey at Meadowvale Hockey Association (7 years at "A" level)
- Completed "Leader in Training" program at Camp Muskoka (2023 & 2024)